



TRAVEL JOURNAL GUIDELINES

PEOPLE TO PEOPLE STUDENT AMBASSADOR PROGRAMS

A Student Ambassador Travel Journal is more than just a book in which you write about your travel. It's a living record of your journey and your experience. It's a forum to chart your growth as a Student Ambassador and as a world citizen. Furthermore, you'll be able to look back on this document for years to come and be glad you have a written testimony to supplement your memory. It will help you recall not only the things you did and the places you saw, but how you thought about the world, how your views have changed, and how you've grown.

Pre-Travel

Complete all pre-travel journal assignments: at least one page per entry or as otherwise instructed by your leaders.

Travel

- Complete daily travel journal entries: at least one page per entry or as otherwise instructed by your leaders.
- Write about program-specific topics: see the topics page of your journal for ideas, or your leaders can suggest ideas.
- Every day in the Travel Journal section describe at least five things you learned at each location.

Note: Please let your leaders know if they should take any special needs into consideration when evaluating your journal. Leaders are instructed to keep this information confidential and make any necessary accommodations so that you can receive credit. Accommodations can only be made if leaders are informed in advance.

Remember! This is not a personal journal! Personal topics such as romantic relationships, clothing choices, how you slept, your feelings for someone else in the group (either positive or negative), gossip, and other irrelevant subjects are not suited for your travel journal. If you would like the option of being able to journal about personal topics, bring a separate personal journal where you can write freely about all aspects of the travel experience.